

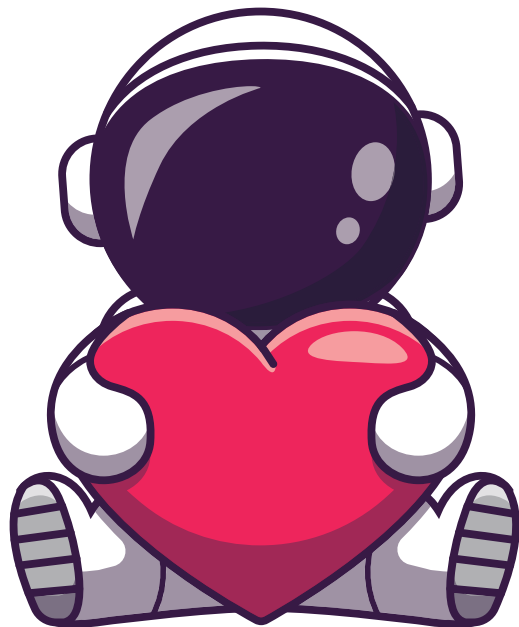
# FEBRUARY 2024

## BUILDING OUR WAY TO WRITING WITH FINE MOTOR SKILLS

Children start developing their fine motor skills in infancy and continue into their preschool years and beyond. Before children can learn to write they need to build fine motor skills. Many of your child's daily activities—like getting dressed, eating, and writing—require control of small muscles in the hands. These are called fine motor skills. Developing these muscles encourages writing skills as your child gets older. It will also help your child become more independent as they are able to velco, snap, button and zip.

Practice the following to help develop fine motor skills:

- Use Velcro tabs
- Open and close containers with lids
- Cut with child-safe scissors
- Finger paint
- Use a paintbrush
- Play with playdough and clay—roll, smoosh, pat, pound, and use tools like popsicle sticks or stamps
- Draw, scribble, or write with crayons, pencils, and markers



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 			Check out our favorite books about friendship! <a href="#">SEE TITLES</a>	1 Look for more information on our diaper bag drive February and March	2 Look for items that are the color pink or red	3 <a href="#">Count to 100, make it fun with a Jack Hartman song</a>
4 Unpack groceries together. Talk about if an item is a fruit, vegetable, etc.	5 <a href="#">Epic Beginnings Coffee Talk</a>	6 <a href="#">Come see us at the Norman Expo</a>	7 Library Day!	8 Use a spoon and bowl to tap out the beat to your favorite song.	9 Count items as you clean up.	10 Make your own Valentine's or friendship cards.
11 Make a list of people you love and talk about why you love them.	12 Read a book about friendship	13 <a href="#">ABC, see it, say it, sign it!</a>	14 Valentine's Day	15 Count your Valentine's	16 Work on a puzzle together	17 Play counting games like "How many red things do you see?" For infants show them things that are red
18 Schedule a playdate for this week	19 <b>PRESIDENTS' DAY</b>	20 Have your child find words that start with the same letter as their name. For younger children, point it out. "J just like in your name"	21 <a href="#">Epic Beginnings Coffee Talk Edmond</a>	22 <a href="#">Epic Beginnings Coffee Talk-Durant</a>	23 Rock Painting	24 Play simon says. Focus on exercise activities like touching toes and jumping
25 Look all around for squares and circles	26 Have your child practice putting on their own coat, hat or other clothing items. When they have this mastered have them practice zipping it up.	27 Find small scoops, cups, and balls around the house. Use them for waterplay	28 Play a matching game Match toys or even socks. Infants can watch as you match items to something they already have.	29 Provide beanbags, soft ball or stuffed socks for tossing.	<b>FIND YOUR LOCAL LIBRARY!</b> <a href="#">OKC AREA</a> <a href="#">TULSA AREA</a>	
<b>UPCOMING EVENTS</b> <a href="#">EVENTS &amp; FIELD TRIPS</a>						