

Early Math skills are so important and can be part of children's everyday lives. Taking advantage of these small opportunities now will lead to more success in learning math skills as your child grows and learns. Adult positivity surrounding math can help a child move away from frustration with math to increased problem solving and a growth mindset.

Let's Talk Math

- Actively listen to your child
- Use words such as more, less; longer, shorter; heavy, light; etc.
- Count out LOUD every day. Start at 1 and count as you walk, put plates on the table, add apples to your grocery cart or as they wash their hands. Ask your child to count with you. Pause and ask, "What number comes next?"
- Name and describe shapes when you see them. The box of cereal is a rectangle. That tire is a circle."
- Compare: "Which plate has more crackers?" • Explore: "Let's go on a shape hunt – can you find circles?"
- Sort: "Let's put all the yellow pieces in this pile."

Check out our favorite books about math concepts!

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 	1 Pull new and old items out to play with together	2 Paint the snow!	3 Read a book under a cozy blanket	4 Model finding things that begin with a specific sound.	5 Frozen Sensory Bin Fill a bin with items from nature, and freeze them. Find a way to free them.	6 Sort laundry together. Match socks, identify colors and textures.
	WINTER BREAK					
7 Make a grocery list. Ask if an item is a fruit, vegetable, or READ. meat, etc.	8 Build an obstacle course from things around the house. Put infant items within reach for tummy time.	9 Sticky Snowmen	10 Library Day!	11 Join Epic Beginnings at the Lawton Expo! Practice the abc song	12 Build a fort to play in	13 How high can you count?
14 Draw or paint a picture	15 Take a short walk. Count how many steps to the mailbox? How many to the tree. MLK Day	16 Epic Beginnings Coffee Talk in Lawton!	17 Work on a puzzle together	18 Join Epic Beginnings at the Muskogee Expo!	19 Read a book about shapes	20 Build a maze in the house or in the snow
21 Match socks or mittens	22 Practice drawing shapes in sand or shaving cream	23 Use everyday activities like bath time or cooking to talk about opposites: full/empty, wet/dry, in/out.	24 Epic Beginnings Coffee Talk Enid!	25 Sing songs with rhyming sounds.	26 Join Epic Beginnings at the OKC Expo!	27 Read two books today. Have your child tell you which is their favorite and why.
28 Be a winter wildlife detective.	29 Build a block tower and knock it over!	30 Create an invitation to play by placing items out together.	31 Join Epic Beginnings at the Glenpool Expo!			